

The Goodwin Living Team Update

News You Can Use

April 20, 2026 | [Bit.ly/gl-team-update](https://bit.ly/gl-team-update)

Need Medicare Help?

If you or your spouse are turning 65, let our partners at HTA Insurance Services help you with all your Medicare questions. Their services include consultation to help you understand Medicare, advisors to help with plan comparisons across multiple carriers, enrollment assistance and annual support. [See their flyer for more information.](#)



[Click here for the 2026 Benefits Guidebook](#)

Diversity, Equity, Inclusion and Belonging

The Celebration of Cultures and Traditions / Parade of Nations returns this summer to The View Alexandria and Goodwin House Alexandria (Goodwin House Bailey's Crossroads in early 2027). [Let us know you want to participate in the celebration by completing this form.](#) More information is coming soon, so look for text messages, emails, flyers and the May Team Update!



[Check out the April Celebrations and Observances here.](#)

Do You Need to Talk to a Professional? Try Talkspace!

This benefit is available to all part-time and full-time team members, just like the EAP. Talkspace is a digital space for private, convenient mental health support. With Talkspace, you can choose your therapist from a list of recommended, licensed providers and receive support day and night from the convenience of your device (iOS, Android and Web). [Click here to learn more about Talkspace and how to access this free and confidential benefit](#) for you and your family!

[Looking for Help?](#)
[Call the EAP today at 866-395-7794](#)
[Use the Employer ID "Episcopal"](#)

Raffle Challenge

Congratulations to [Felicia Foster](#), GHBC Health Care Night Shift Nurse, who won the March raffle! The question was "Can you name two Goodwin Living values?" For those who didn't know, our value statements represent the beliefs and ethical guidelines that direct and assist us in how we make decisions. They can be found in the Team Member Handbook on page nine.

A large, three-dimensional green graphic of the number '25' with a dollar sign '\$' to its left. The graphic has a metallic, embossed appearance with shadows and highlights.

Raffle Challenge - Continued

Use this link to read the Handbook and learn more about our values: service, integrity, community, individuality, excellence, leadership, learning, growth and heritage.

\$25

Do you want a chance to win an Amazon gift card? Answer this question: How many weeks of PTO can you carry over into the new fiscal year? Here's a hint - the answer was in a recent Team Update article. Text your name and response to Jeanne Hobbs at 703-517-3633.

New Commuter Benefit - SmartBenefits

SmartBenefits is a convenient commuter benefit that allows you to use pre-tax dollars for eligible transit and vanpool expenses. Participating team members can load funds directly onto their SmartTrip card each month, making commuting in the DC metro area more affordable and easier to manage. Stop by HR to learn how to enroll and see if SmartBenefits is a good fit for your commute. [Click here to learn more about this benefit!](#)



Team Members on the Move!

See the latest list of team members to receive a promotion during the period January - March 2026.

Are you interested in growing in your career or being promoted? Check out these benefits to help you achieve your goals:

- [Custom Guide Interactive eLearning](#) - a free and easy way to build your computer skills in Microsoft Office products and more
- [UMGC / University of Maryland Global Campus](#) - for team members as well as their family members, this benefit provides 25% off tuition
- [Tuition Assistance](#) - available to part-time and full-time team members who wish to pursue a certification, certificate or degree
- [Career Pathfinders](#) - for team members looking for career growth and development, with tools to guide you on your path



Pictured below, left to right: Muram Mohamed, promoted at GHA; Karen Carter, promoted and who serves Forest Hills and TVA; Maxlenous Fobusindoh Sr, promoted at TVA

