

The Goodwin Living Team Update

News You Can Use

December 23, 2024 | GoodwinLiving.org/StaffUpdate

GHA Team Member Documentary Wins!

If you closely follow news of the Goodwin Living Citizenship Program, you may already know about a wonderful documentary short film that was released last year. Directed by American University Film Lab Professors, "The Test" tells the story of Eric Frimpong (E.S. at GHA) and his journey to U.S. citizenship. This film also captures the bond that deepens between Eric and GHA residents Jill and Carl Miller, who provided tutoring and encouragement to Eric as he prepared for his citizenship exam.

We are excited to share that "The Test" was featured at the 2024 Alexandria Film Festival, and received the "Best of the Festival Award."

Of course, Eric is among many team members who have similar stories to tell, thanks to the community of generosity that is fostered by the Goodwin Living Foundation. Read more about the the festival here.



Shared Experiences Return in January!

Mark your calendars for the January 10 at GHA, January 14 at GHBC and January 16 at TVA. Look for more information in emails, flyers and texts.



Top Workplace Survey Launches Soon

It is almost time for The Washington Post Top Workplace Survey! To make the survey easy to complete, you can receive it by text! Click here or the link below to provide your name, cell number and approval to receive the text. <https://forms.office.com/r/EpC4UTsRDv>



An Investment in Workforce and the Future: The Longevity + Inclusion Alliance Fellows Program

Read this blog article written by our CEO Rob Liebreich and CEO of Love & Company Rob Love about the future of Senior Living and how the Longevity + Inclusion Alliance Fellows Program is working to ensure future leaders are prepared for the changes ahead.



GHA Garage Repair Project Extended

The garage repair project is now expected to go through May 2025. All interim parking rules and restrictions remain in place. This means that only residents and their guests are allowed to park onsite at GHA. Regardless of shift, work hours or status (full-time, part-time or PRN). Even if you are only attending a single meeting at GHA, ALL team members, interns, volunteers, contractors and vendors must park at the NVCC parking garage located at the corner of N. Beauregard Street and E. Campus Drive and Braddock Road. Unauthorized vehicles parked at GHA may be subject to booting and towing.

Do You Need Help?
Call the Employee
Assistance Plan (EAP)
866-395-7794

Use the Employer ID
"Episcopal"

Make SMART Goals with the Wellness Team

Do you have a physical, emotional, intellectual, financial, spiritual, social or communal goal in mind for the new year? Come join the wellness team at one of our upcoming SMART goals workshops on January 28 between 11:30 a.m. to 1:30 p.m. to help you on your journey. We'll also have a New Year Fitness Challenge Bingo sheet. When you complete it, you will be entered into a raffle for a prize.

Know Your Rights

Over 200 people attended the **Know Your Rights** program offered at GHA, GHBC and TVA. The final session, presented on December 10, was taped for anyone who is interested in the program but was unable to attend. A few key takeaways from the presentation include:

1. Carry copies of your Green Card and/or other documents that show your immigration status.
2. Carry evidence that shows you've been in the United States for two years. Be careful that the document you carry does not contain your social security number.
3. Make sure a friend or family member knows where your official papers are stored.
4. Avoid Notaries who claim to provide immigration assistance.
5. Establish a Power of Attorney to act on your behalf, should you be detained.
6. If you are eligible for citizenship, now is a good time to submit your application (we have volunteers who can help you with this process).
7. If immigration officials come to your door, as shared by the presenter, you don't necessarily have to let them in your home.
8. If you are a non-citizen, think twice before leaving the country, as it may be difficult to return.



To view a recording of the **[Know Your Rights session](#)**, [click here](#).

Do you have questions about your immigration status? As a team member, you are eligible to receive a free consultation with an immigration attorney. HR also has information related to low/no cost resources.

Please contact Fran Casey at 703.824.1032 or FCasey@GoodwinLiving.org with your questions.