



Goodwin
Living

Goodwin Living Community Resource Guide

Contents

How to use this guide	4
Virginia State Resources	5
Food	5
Housing	5
Medical	5
Childcare	6
Mental Health & Emergency Support	6
Education	6
Goodwin Living Resources	7
Citizenship, Green Card, Work Permit & DACA Support	7
Education	7
Financial Education and Support	7
Medical	9
Mental Health & Emotional Support	9
Location-Specific Resources	10
Alexandria	10
Housing	10
Food	11
Childcare	15
Mental Health & Emergency Support	16
Arlington	17
Housing	17
Food	19
Childcare	21
Mental Health & Emergency Support	22
Fairfax	23
Housing	23
Food	24
Childcare	25
Transportation	26
Mental Health and Emergency Support	27
Prince William	29

Housing.....29

Food.....31

Childcare.....32

Mental Health and Emergency Support33

How to use this guide

- This Resource Guide lists many services and opportunities for support in the state of Virginia and the following counties: Alexandria, Arlington, Fairfax, and Prince William
- Most resources from this list are not associated with Goodwin Living and team members will need to reach out to the provider directly to find out more about the resources available and the eligibility requirements as both are subject to change.
- This guide is intended to help support team members in their times of need and is not an exhaustive list of all resources available in the community.
- For Directors: If you are printing the guide for a team member, we encourage you to print out the Virginia and Goodwin Living Resources for all team members and *the resources associated to the specific county the team member lives in.*

Reach out to People Engagement Manager, Zoe Marcuse at (571) 429-2180 if you need additional support using this resource guide.

Virginia State Resources

Virginia 211 – information on community resources, 211, <https://www.211virginia.org>

Food

The Supplemental Nutritional Assistance Program (SNAP), and Temporary Assistance for Needy Families (TANF) aid households in need of food, and/or cash assist for families with dependent children. To apply for any of these benefits, visit CommonHelp.virginia.gov or call 703.746.5700. (Read [FAQs](#) regarding SNAP)

Housing

To find **affordable housing units**, visit <https://www.virginiahousingsearch.com>

To learn about the **eviction process** in Virginia, please visit the Virginia Poverty Law Center's Eviction [Frequently Asked Questions](#) and [Process Handout](#), or consider contacting one of the following agencies:

- [Legal Aid Justice Center](#)
- [Legal Services of Northern Virginia](#)
- [Virginia Legal Aid](#)

If you are experiencing other landlord-tenant issues, please call the [Office of Housing](#) at 703.746.4990.

Virginia Mortgage Relief Program www.virginiamortgagerelief.com

Rent Relief Application: [Gov2Go \(getgov2go.com\)](https://Gov2Go.getgov2go.com)

Medical

Virginia Dept. of Medical Assistance Services – federal government program, administered by states, which provides health care to eligible low-income adults, children, pregnant women, elderly adults and people with disabilities, 804-786-7933, dmas.virginia.gov

Medicaid programs aid households in need of medical insurance. To apply for any of these benefits, visit CommonHelp.virginia.gov or call 703.746.5700. (Read [FAQs](#) regarding SNAP and Medicaid.)

Childcare

TANF Childcare - If a parent or legal guardian is receiving Temporary Assistance for Needy Families (TANF), they may be eligible for child care assistance to make it possible for them to work, participate in an approved training activity or go to school. There is no fee for this program. For more information or to apply for this service, call 703.746.5437 (KIDS).

Mental Health & Emergency Support

National Suicide Prevention Hotline: 800-273-TALK (8255) or text "connect" to 855-11

<https://suicidepreventionlifeline.org/chat/>

National Sexual Assault Hotline: 800-656-4673

Virginia Dept. of Behavioral Health & Developmental Services – statewide resources for persons with mental illness, substance use disorders, developmental and intellectual disabilities, dbhds.virginia.gov

Education

Student loan forgiveness program - as a Full-Time employee of a 501 (C) (3), you may qualify for a student loan forgiveness program for direct loans through the US Government.

<https://studentaid.gov/manage-loans/forgiveness-cancellation/public-service>

Goodwin Living Resources

Citizenship, Green Card, Work Permit & DACA Support

Team members who are Part Time or Full Time, have been with Goodwin Living for 6 months or more and are in good standing with their department are eligible for assistance with fees related to **naturalization, green card renewals, work permit renewals and DACA renewal** applications. After one year, team members are also eligible for assistance for an immediate family member. Additional details and applications can be accessed via ADP under Resources > Forms Library or at www.goodwinliving.org/staffupdate.

Education

Tuition Assistance Grants - Full time and part time team members, who have been at Goodwin Living for 6 months or more and are in good standing with their department are eligible for tuition assistance when in a certificate or degree earning program from an accredited institution, or ESL classes, including books and parking fees for programs from accredited institutions. Additional details and applications can be accessed via ADP under Resources > Forms Library or at www.goodwinliving.org/staffupdate.

Student Loan Repayment for Clinical Positions - Full time and part time clinical team members, who have been at Goodwin Living for 6 months or more and are in good standing with their department are eligible for Student Loan Repayment for completed clinical programs. Additional details and applications can be accessed via ADP under Resources > Forms Library or at www.goodwinliving.org/staffupdate.

University of Maryland Global Campus Discount - Team members, their spouse and/or a legal dependent can continue their education at UMGC with a 25% out of state discount. <https://www.umgc.edu/business-partners/corporate-learning-solutions/goodwin-house>

Financial Education and Support

Truist Momentum - This financial wellness education program is offered to all team members free of charge and offers information, tools and counseling to support and empower team members on their financial journey. Create an account at

<https://www.truistmomentum.com/momentum/login> using registration code GOODWIN.

Employee Assistance Program - Managed by Cigna Behavioral Health (CBH), the Employee Assistance Program (EAP) offers an array of services designed to assist you with work, life, and family issues. It is available to all full-time and part-time team members and members of their households. Note: you do not need to be enrolled in a medical plan to use the EAP. Call (866) 395-7794, and let them know you are with Goodwin Living under the Episcopal Church or visit <https://campaigns.cigna.com/realsupport>. EAP services are free, confidential, and available 24/7.

401k Benefits through Principal - Full time and Part time and PRN, who meet eligibility, team members have access to 401K benefits and retirement planning. <https://secure05.principal.com/pension/welcome/>

DailyPay - Team members can sign up to receive their paycheck sooner than payday, when needed. Read details as fees may apply in some circumstances. <https://account.dailypay.com/signup>

Goodwin Living Emergency Support offers emergency support which is reviewed on a case-by-case basis for eligible situations to support fulltime and part time team members, who have been with Goodwin Living for at least 3 months and are in good standing, and who are facing an emergency financial situation. Please see the application for additional details. Applications can be accessed via ADP under Resources > Forms Library or at www.goodwinliving.org/staffupdate

Interest Fee Loan through Human Resources - Part time and full-time team members, who have been at Godwin Living for at least 3 months and are in good standing, are eligible for emergency loans through their HR Director for eligible situations. Please see the form on ADP under Resources> Forms and speak with your HR Director for more information.

Medical

Express Scripts: Do you or your family members have ongoing prescription medications? Having them mailed to your home through Express Scripts saves money and time!

Find more information here: <https://goodwinliving.org/wp-content/uploads/2022/09/Express-Scripts-Pharmacy-Mail-Order.pdf>

For Kaiser patients, find more here: <https://goodwinliving.org/wp-content/uploads/2022/09/Kaiser-Pharmacy-Instructions.pdf>

Mental Health & Emotional Support

Employee Assistance Program - Managed by Cigna Behavioral Health (CBH), the Employee Assistance Program (EAP) offers an array of services designed to assist you with work, life, and family issues, including counseling. It is available to all full-time and part-time team members and members of their households. Note: you do not need to be enrolled in a medical plan to use the EAP. Call (866) 395-7794, and let them know you are with Goodwin Living under the Episcopal Church or visit <https://campaigns.cigna.com/realsupport>. EAP services are free, confidential, and available 24/7.

Location-Specific Resources

The guide is divided by county. Within each county, the resource topics are divided into 4 areas of support: Housing, Food, Childcare, and Mental Health & Emergency Support

Alexandria

Housing

Affordable housing units: visit <https://www.alexandriava.gov/housing-services/renter-resources>

The Office of Community Services (OCS) at the Department of Community and Human Services (DCHS) provides limited rental assistance to eligible low-income households facing a housing crisis or homelessness. To request OCS services, call the DCHS Customer Call Center at 703.746.5700 or text 703.346.5599 for an assessment.

If you are experiencing a housing crisis or facing homelessness, please contact the Department of Community and Human Services, call 703.746.5700, or text 703.346.5599. If you are experiencing landlord-tenant issues, please contact the Office of Housing at 703.746.4990.

The Alexandria Eviction Prevention Partnership (AEPP) connects Alexandria residents who are experiencing housing insecurity to resources and information and provides support to residents navigating the eviction process. AEPP is a partnership of ALIVE!, Legal Services of Northern Virginia, Northern Virginia Affordable Housing Alliance, and The Lazarus Ministry of Christ Church. For assistance, please call 703.837.9300 or email AEPP3@alive-inc.org. Español disponible.

Christ Church, Lazarus Emergency Financial Assistance

<https://www.historicchristchurch.org/outreach>

Contact: juliecduke@gmail.com

118 N. Washington St.

Alexandria, VA, 22311

Food

SNAP (Supplemental Nutrition Assistance Program)

Formerly known as food stamps, assists individuals and families who are unable to purchase sufficient food for themselves by issuing an electronic benefit (EBT) card to purchase eligible food items.

855.635.4370

commonhelp.virginia.gov

4850 Mark Center Drive, 5th Floor, Mon-Fri, 8 a.m.-5p.m.

SNAP Double Dollar Program

Incentive program that allows SNAP recipients who visit participating farmers markets to receive up to \$30 in matching dollars to purchase eligible food products at the market.

703.746.5700

alexandriava.gov/FarmersMarket

Alexandria City Public Schools Free and Reduced Price Meals

Parents who believe their children may be eligible for free or reduced-price meals complete a FARM application. Applications can be acquired from the school or online. Only one application is needed per family, a new application is required every school year. Foster children and children experiencing homelessness are categorically eligible for free meal benefits.

Free breakfast and lunch will be provided to all students attending a Community Eligibility Provision (CEP) school. Families of students attending these CEP schools do not need to complete an application: ACHS Minnie Howard, Cora Kelly, Ferdinand T. Day, Francis C. Hammond, James K. Polk, Jefferson Houston, John Adams/Early Childhood Center, Patrick Henry, Samuel W. Tucker and William Ramsay.

703.619.8048

acps.k12.va.us/departments/facilities-operations/the-office-of-school-nutrition-services/free-and-reduced-price-meals

acps.k12.va.us/families/enrollment/homeless-education-liaison-program-help

ALIVE! Weekend Food Distribution

5-day supply of fresh produce, meat, eggs, bread, and staple food distribution. No registration needed. Distributions are for Alexandria Residents and proof of residency may be requested.

703.837.9321 for general information

Dates may change, see most recent schedule at alive-inc.org/food-program-in-alexandria-virginia

ALIVE! Food Hubs

ALIVE! Food Hubs offer free food, personal items, cleaning supplies, school supplies, and referrals to other services once a month. ALIVE! Food Hubs are for City of Alexandria residents. Proof of Alexandria residency may be requested.

703.549.3692

alive-inc.org/food-program-in-alexandria-virginia

ALIVE! Food Pop-Ups

Provides bags of food to specific neighborhoods and apartment buildings, in collaboration with our community partners, in the parking lot at each pop-up location. Drive-through and walk-up service available depending on site.

Dates may change, see most recent schedule at alive-inc.org

Historic Christ Church Lazarus Food Pantry

Provides perishable and non-perishable food (and toiletries once a month). Requires sign-in by name, bring a bag if you can.

703.549.1450, then press 2

historicchristchurch.org

118 N. Washington Street | Thurs, 9-10 a.m.

CCDA Alexandria Food Pantry (formerly CCDA St. Lucy Food Pantry at Christ House)

Provides perishable and non-perishable foods, including fresh produce, dairy, meat, and traditional staples such as cereal, canned vegetables, rice, and beans. Clients are

eligible to receive food once per month. Bring photo ID, proof of address & dependents' identification.

703-548-4227 | AROPantry@ccda.net

ccda.net/need-help/food/food-pantries/alexandria-food-pantry

Eisenhower Business Park, 4725A Eisenhower Ave

Wed-Thurs, 9 a.m.-1 p.m., please arrive by 12:30

Grace Episcopal Church Food Pantry

Provides food staples to low-income families and individuals.

703.549.1980

gracealex.org/service/local-missions/food-ministries

3601 Russell Rd | Tues & Fri, 6:30-7:30 p.m.

West End Food Pantry

Provides perishable and non-perishable foods, receive a prepared amount of food, specific to family size.

contact@westendfoodpantry.com

5150 Fillmore Ave (DASH Line 31, Metrobus 28A) | Monday 5-6:30 p.m.

Oakland Baptist Church

703.998.9006

obcalexandria.church

3408 King St (DASH Line 31 & 36A/B) | 1st & 3rd Friday each month, 11 a.m. – 12 p.m.

Mt. Jezreel Baptist Church Food Pantry

Provides healthy and nutritious food options, bring a bag. Must register each week by Wednesday.

thegourmetangelmeals.org

317 N. Payne St (DASH Line 30, 31 & King Street Trolley)

Free Little Pantry

Grassroots crowdsourced mini pantry for immediate and local need. Always open to take or leave food.

mapping.littlefreepantry.org

Christ House Evening Meal

Evening meal for homeless and low-income individuals; dinners are to-go meals and can be picked up every night, in all weather conditions. Guests may begin to arrive at 4:30 p.m. and arrive by 5:30 p.m. in order to be served with Hot Meal to-go bag. Guests who arrive after 5:30 p.m. may be served if there still available to-go hot meal bag, otherwise non-perishable meal bag will be available for the late guest.

703.549.8644

ccda.net/need-help/food/christ-house-evening-meal

131 S West St | Daily, 5-5:30 p.m.

Meade Memorial Episcopal Church Food Programs

All food programs take place between 11:30 a.m.-12:30 p.m. No ID required.

703.549.1334

meadechurch.org

322 N Alfred St

YMCA Food Pantry

School-age children can receive 7 breakfast meals and 7 lunch meals every week.

703.838.8085.

420 East Monroe Ave | Mondays, 4-6 p.m.

Childcare

Child Care Assistance Office

703.746.5437 | 4850 Mark Center Drive, 6th floor, Alexandria, VA 22311

Call 703.746.5437 (KIDS) for information on approved family childcare providers and licensed child care programs.

Child Care Subsidy Program

Families may be eligible for a childcare subsidy for children aged 0-13 if both parents are working, going to school or participating in training. Families pay a single fee based on their income directly to the provider of care. The remainder of the cost of care is paid by the Department of Community & Human Services. To be screened for this program, contact the Early Childhood Division at 703.746.5437 (KIDS).

Virginia Preschool Initiative (VPI)

Quality pre-K child care programming through the Alexandria City Public School System (ACPS) and community partners is available at no cost to eligible families. The Pre-K curriculum is research-based and each class has up to 18 children with a qualified teacher and an instructional assistant. The program follows the elementary school schedule Monday through Friday, with options for before and after care.

703-746-KIDS (5437)

Mental Health & Emergency Support

Services available 24 hours a day.

Emergency Mental Health Services
703.746.3401

Detox / Substance Abuse Services
703.746.3636

Sexual Assault
703.683.7273

Domestic Violence
703.746.4911

Child Protective Services
Alexandria: 703.746.5800 or State: 1.800.552.7096

Adult Protective Services
703.746.5778

Arlington

Housing

Arlington County Community/Community Assistance Bureau (CAB)

Phone number: 703-228-1300 (main)

Location: the Sequoia Building - 2100 Washington Blvd, Arlington, VA

Call this Agency: When in need of financial assistance (food stamps, housing grants, emergency monies), or for a homeless family that needs a referral to a family shelter or for emergency needs (housing, food, clothing, medication).

Residential Programming Center (RPC) Shelter (single adult males/females)

Phone number: 703-228-0022

Location: 1554 Columbia Pike, Arlington, VA 22204

Open to single males or females needing a bed (open year-round). This shelter does not take walk-ins, must call ahead to get on the waiting list.

Homeless Services Center

Phone number: 703-228-3082

Location: 2020A 14th St. N, Arlington VA 22201

Walk-in after 4 p.m. to get a bed.

Bailey's Crossroads Shelter (single males/females)

Phone number: 703-820-7621

Location: 3525 Moncure Avenue, Falls Church, VA 22041

Must call in advance for a bed unless it is winter, Nov 1- Mar 31.

New Hope Eleanor Kennedy Shelter (single males/females)

Phone number: 703-799-0200

Location: 9155 Richmond Highway, Ft. Belvoir, VA 22060

Must call in advance.

Doorways for Women and Families Safehouse (Emergency shelter for single survivors and survivors with children, including women, men and those who identify as LGBTQ)

Phone number: 703-237-0881 (24/7) Safehouse and Hotline

Location: Undisclosed

Call this Agency: If you or someone you know experiences domestic violence, sexual assault, dating violence and/or stalking. Not in Arlington? [See additional local, regional and national resources here.](#)

Doorways for Women and Families Family Shelter (Emergency shelter for families and transition-aged youth)

Access to Doorways' Family Shelter is provided through Arlington County's Centralized Access System (CAS).

Phone number: CAS [703-228-1300](#) (business hours) or [703-228-1010](#) (24/7)

Food

Arlington County Food Pantries

<https://my.arlingtonva.us/foodresources>

Arlington County Community/Community Assistance Bureau (CAB)

Phone number: 703-228-1300 (main)

Location: the Sequoia Building – 2100 Washington Blvd, Arlington, VA

Call this Agency: When in need of financial assistance (food stamps, housing grants, emergency monies), or for a homeless family that needs a referral to a family shelter or for emergency needs (housing, food, clothing, medication).

Arlington Food Assistance Center (AFAC)

Food Distribution Hours at 2708 South Nelson Street

Monday - Friday 9:00 am - 1:00 pm

Tuesday and Thursday evenings 6:00 - 7:00 pm

Saturday 9:00 - 12 pm

To check eligibility and sign up:

- Go in person to the Department of Human Services, Customer Service Center (2100 Washington Blvd., first floor, 22204) Monday - Friday from 8:00AM - 5:00PM. For more information, call DHS at 703-228-1300.
- If you are 60 or older, call the Dept. of Human Services, Arlington Area Agency on Aging at 703-228-1700, or
- If you have a child at the Arlington Public Schools, call your school's social worker.

Arlington Bridge Builders at Community Church of God

790 South Carlin Springs Road

Hours: Wed, Thurs, Sat Wednesday, Thursday and Saturday 10 AM - 3 PM

Website

Contact Name: Tariq J.

Contact Email: ContactArlingtonBridge@gmail.com

Contact Phone: (571) 282-5156

Dar Al-Hijrah Islamic Center

3159 Row St.

Hours: Thursday 9 - 11 AM (or when food runs out) *Closed May - October 2024 for renovations

Contact Name: Stacey Picard
Contact Email: socialservices@hijrah.org
Contact Phone: 703-531-2905

St. Anthony of Padua Catholic Church

3305 Glen Carlyn Rd
Hours: Monday & Wednesday 10 AM - 2 PM
Contact Name: Ubaldo Cisneros
Contact Email: ucisneros@stanthonyparish.org
Contact Phone: 703-820-7111

St. George's Episcopal Church

915 N. Oakland St
Hours: Monday, Wednesday, Friday 12 - 1 PM
Contact Name: Brian Glenn
Contact Email: brian.glenn3@verizon.net
Contact Phone: 703-525-8286

**Capital Area Food Bank with Abingdon Elementary School at Park Shirlington
Apartments**

4510 31st St. S
Hours: 1st Wednesday of the month 1 - 3 PM
Contact Name: Caty Branco
Contact Email: caty.branco@apsva.us

Childcare

Arlington County Childcare Subsidy

Apply through CommonHelp, the central, easy way to apply for and get help with assistance in Virginia. In just a few minutes, you can see if you can get help with food, child care, energy, medical and cash assistance.

Apply in person at:

2100 Washington Boulevard, 1st Floor
Arlington, VA 22204

Call to schedule an appointment 703-228-1350

General Questions: Child Care Office 703-228-1685

NVFS HeadStart Program

Head Start promotes school readiness in low-income children ages 3 to 5, who may otherwise find themselves behind their peers in kindergarten. The program enhances the social and cognitive development of children through educational, health, nutritional, social and other services. Significant emphasis is placed on parent involvement, and Head Start teachers and family advocates engage parents in their children's learning, and help them progress toward their educational, literacy and employment goals.

Contact

571.748.2617

571.748.2793

2920 S. Glebe Rd.
Arlington, VA 22206

Mental Health & Emergency Support

Arlington County Emergency Services

Phone number: 703-228-5160 (main number)

Location: 2120 Washington Blvd., Arlington VA 22204

Call this Agency: When you have a mental health emergency, or need someone to be hospitalized

Arlington County Mental Health Intake

Phone number: 703-228-4864

2120 Washington Blvd., Arlington VA 22204

Call this Agency: When someone is in need of outpatient mental health treatment

Arlington Thrive/ Community Resilience Fund

These limited funds can be used to address urgent needs, such as rent, utilities, and critical medical expenses. By offering immediate relief, we strive to nurture community resilience in the face of adversity.

info@arlingtonthrive.org

703-558-0035

CrisisLink

Phone number: 703-527-4077

Call this agency: When in need of additional support to address life crises, trauma, suicidal thoughts. CrisisLink provides information, education, and links to community resources.

Doorways for Women and Families 24-Hour Domestic & Sexual Violence Hotline (Access hospital accompaniment and other services)

Phone number: 703-237-0881 (24/7)

Call this Agency: If you or someone you know experiences domestic violence, sexual assault, dating violence and/or stalking. Not in Arlington? [See additional local, regional and national resources here.](#)

Northern Virginia Family Service - individual, couples and family counseling, 571-748-2500, nvfs.org

Fairfax

Housing

Affordable Dwelling Unit Program (ADUs)

The Affordable Dwelling Unit (ADU) Rental Program provides qualified households with low- and moderate-income the opportunity to live at a reduced rent in privately owned and privately managed market-rate apartment communities. Please contact each individual property directly for information on vacancies, application process, waitlists, rent, etc.

Visit to find eligible properties:

<https://www.fairfaxcounty.gov/housing/rentalhousing/private-owned>

Cornerstones - emergency, supported, and affordable housing, foreclosure prevention services, 571-323-9555, cornerstonesva.org

Good Shepherd Housing - affordable, stable housing, 703-768-9404, goodhousing.org (Alexandria area only)

New Hope Housing - emergency shelter and supportive housing programs, 703-799-2293, newhopehousing.org

Northern Virginia Family Service - housing assistance, 571-748-2500, nvfs.org

Food

Fairfax County Human Services Coordinated Services Planning makes referrals to a wide variety of community organizations that provide short-term, emergency help with basic needs, many of whom are not included below, 703-222-0880,

Capital Area Food Bank Hunger Lifeline - emergency food assistance referral service, 202-644-9800, capitalareafoodbank.org

Catholic Charities - hot dinner (Alexandria), food pantry, assistance with one-time financial emergencies, 703-841-2531, ccda.net

Cornerstones - help with food, shelter, affordable housing and child care, 571-323-9555, cornerstonesva.org

ECHO (Ecumenical Community Helping Others) - food and emergency financial assistance, access to donated clothing, school and household supplies (intake appointment required), 703-569-9160, echo-inc.org

Food for Others - 703-207-9173, foodforothers.org

The Lamb Center - hot meals, hot showers, laundry facility, ID and document recovery, mail services, phone/computer access and much more, 703-691-3178, thelambcenter.org

Lorton Community Action Center - food, clothing closet and emergency financial assistance, 703-339-5161, lortonaction.org

St. Vincent de Paul Society - food and emergency financial assistance, 703-385-4010 and leave a message

United Community - comprehensive social services in the Mount Vernon area, 703-768-7106, ucmagency.org

Childcare

Child Find – screenings to identify children with potential special education needs for children ages 20 month through 5 years, 703-204-6760, fcps.edu/registration/early-childhood-prek/early-childhood-child-find

Infant & Toddler Connection – early intervention services for children under age 3 who have a developmental delay, atypical development, or a diagnosis which commonly results in developmental delays, 703-246-7121, fairfaxcounty.gov/office-for-children/infant-and-toddler-connection

Transportation

Fairfax Connector – 703-339-7200, fairfaxcounty.gov/connector

Fastran – for residents of Fairfax County and the Cities of Fairfax and Falls Church participating in human services agency programs, 703-222-9764, fairfaxcounty.gov/neighborhood-community-services/transportation/fastran

The Lamb Center – transportation to interviews and medical appointments when funds are available, 703-691-3178, thelambcenter.org

Logisticare – for people with Medicaid, dmas.virginia.gov/#/nemtservices

MetroAccess – shared-ride, door-to-door, paratransit service for people whose disability prevents them from using bus or rail, 202-637-7000, wmata.com/service/accessibility/metro-access

Mental Health and Emergency Support

Mental Health Emergency Services and Mobile Crisis Unit – Can go directly to the Merrifield Center (8221 Willow Oaks Corporate Drive, Fairfax)

703-573-5679, fairfaxcounty.gov/community-services-board/services/emergencies

Children’s Regional Crisis Response (CR2) – 24-hour rapid response for youth (17 and younger) facing a mental health and/or substance use crisis, 1-844-627-4747

CSB Entry & Referral Services – call Monday through Friday, 9 a.m. to 5 p.m., 703-383-8500, or come directly to the Merrifield Center (8221 Willow Oaks Corporate Drive, Fairfax) fairfaxcounty.gov/community-services-board

Catholic Charities – faith-based individual, couples and family counseling, 703-841-2531, ccda.net

Center for Family Services (Virginia Tech) – low-cost, quality mental health services for couples, families and individuals, 703-538-8470, mft.nvc.vt.edu/cfs.html

Center for Psychological Services (George Mason University) – sliding fee scale, psychoeducational testing and mental health evaluations, therapy for individuals, families, couples and group therapy, 703-993-1370, psyclinic.gmu.edu

Northern Virginia Family Service – individual, couples and family counseling, 571-748-2500, nvfs.org

Fairfax County Human Services Coordinated Services Planning (CSP) – short-term, emergency help with basic needs, 703-222-0880, fairfaxcounty.gov/neighborhood-community-services/coordinated-services-planning

Domestic & Sexual Violence Hotline – 703-360-7273, crisis support, options counseling, safety planning and referrals, fairfaxcounty.gov/familyservices/domestic-sexual-violence

Domestic & Sexual Violence Services – crisis support, options counseling, safety planning and referrals, 703-360-7273, fairfaxcounty.gov/familyservices/domestic-sexual-violence/shelter-options

Artemis House – shelter for victims of domestic violence, 703-435-4940, fairfaxcounty.gov/familyservices/domestic-sexual-violence/emergency-shelter

Bethany House – shelter for victims of domestic violence, 703-658-9500, bhnv.org

St. Vincent de Paul Society – food and emergency financial assistance, 703-385-4010 and leave a message

Lorton Community Action Center – food, clothing closet and emergency financial assistance, 703-339-5161, lortonaction.org

ECHO (Ecumenical Community Helping Others) – food and emergency financial assistance, access to donated clothing, school and household supplies (intake appointment required), 703-569-9160, echo-inc.org

Prince William

Housing

ACTS//Action in Community Through Service

<https://www.actspwc.org/services/housing>

Coordinated Entry (CES):

For immediate support: 703-792-3366 Hours: Mon. – Fri 8:30am to 5:30pm, closed federal holidays.

Rapid Re-Housing

Rapid Re-housing is a federal and state funded program designed to give literally homeless individuals and families the opportunity to rent their own place. Those that qualify as literally homeless can come from places not meant for habitation, such as cars, campsites, and benches. Persons coming from Emergency Shelters, Domestic Violence Shelters, Hospitals, Hotels, and Transitional Living Programs may also qualify for Rapid Re-Housing assistance.

Call 703-792-3366

Emergency Rental Assistance can be applied for with the below organizations:

Salvation Army: 703-580-8991 –Rental owed up to max. of \$500

St. Francis of Assisi: 703-221-6344

All Saints Church: 703-670-0093 – not during COVID pandemic.

St. Vincent de Paul: 703-368-2429

Catholics for Housing: 703-221-4510 – Security Deposit only

Bull Run Unitarian Universalists: 703-361-6269 Press 1 #

St. Thomas United Methodist Church: 703-368-5161

The Human Service Alliance of Prince William

<https://www.alliancegpw.org/rentassistance>

The Manassas Bible Church

8624 Phoenix Drive, Manassas Park, VA 20111. www.manassasparkbible.org. Pastor: Michael Rogers and Michelle Rogers. Emails: mpbchurchpastor@gmail.com and mpbchurchfirstlady@gmail.com. Contact Phone: (571) 263-3251. Christmas Gifts-PWC ADC (Good News) Branch of Love. Emergency Assistance: Food Pantry, Bill Payment Assistance (Gas, Rent, Electric), and Assistance with emergency shelter (references)

New Creatures-In-Christ Ministries, Inc.

Provides utility assistance; emergency shelter at extended stay hotels; navigation services, application counseling and referrals for rent, mortgage and public benefits assistance; and food distribution. Schedule an appointment to determine eligibility at 571-408-9526 or 202-981-1470 or visit www.helpingothersthrievepwc.net or visit the office for in-person services at 4213 Dale Blvd., Dale City VA 22193

Food

SNAP or TANF through Prince William County

Apply at <https://www.pwcva.gov/departments/social-services/apply-public-assistance>

Visit

7987 Ashton Avenue, Suite 200,
Manassas, VA 20109

15941 Donald Curtis Drive, Suite 180,
Woodbridge, VA 22191

Call (703) 792-7500 (TTY: 711)

Capital Area Food Bank Locations:

<https://www.capitalareafoodbank.org/find-food-assistance/>

Hunger Lifeline

Call (202) 644-9807 or e-mail hungerlifeline@capitalareafoodbank.org

ACTS Hunger Prevention Center: 703-441-8606

Holy Family Catholic Church: 703-730-1791

St. Thomas United Methodist Church: 703-368-5161

Chapel Springs Assembly of God: 703-368-2895

Emmanuel Baptist Church: 703-368-9206

Manassas Baptist Church: 703-361-2146

House of Mercy: 703-659-1636

StreetLight Community Outreach Ministries 1550 Prince William Parkway,
Woodbridge VA 22191 – Dinner Wed. at 7:00 PM

St. Paul United Methodist Church 1400 G Street, Woodbridge, VA 22191 -Dinner on
Thursday at 7:00 PM

Childcare

Statewide Resources for Subsidy

Families should contact their Local Department of Social Services (LDSS) in the county where they reside for information about available CCSP slots, their place on the waitlist, eligibility, and how to apply.

<u>Prince William County</u>	7987 Ashton	(703) 792-
<u>Department of Social Services</u>	Ave., Suite 200,	7500
	Manassas, VA	
	20109	

Visit <https://www.childcare.virginia.gov/families/paying-for-child-care> for more information

Foundation First// Greater Prince William Area

<https://foundationfirstva.org/contact/>

571-287-7600 (Press 3)
info@foundationfirstva.org
Office Hours:
M-F: 8:30am - 4:30pm (EST)
Foundation First
2500 Hunter Place, Suite 201
Woodbridge, VA 22192

BLUE RIBBON RESULTS ACADEMY

info@blueribbonresults.org

6:30a-6:00p

757-447-0686

The Sunbeam Children's Center

For more information, call 703-368-5161, Option 2.
The first floor of St. Thomas UMC
8899 Sudley Road, Manassas, VA 20110
sunbeam@StThomasUMC.org

Mental Health and Emergency Support

The Behavioral Health & Wellness team

For more information contact 703-792-7739 or email csbhwteam@pwcgov.org

NAMI PWC Helpline- Referral & Resource Support P: 703-659-9983. <https://nami-pw.org/>

NAMI PWC Family Support Group – Se habla Espanol. info@nami-pw.org. 703-659-9983. <https://nami-pw.org/calendar/>

Text 'CONNECT' to 855-11 to contact [PRS CrisisLink](#). Call [PRS CrisisLink](#) at 703-527-4077

Prince William CS Emergency Services for emergency mental health intervention (703/792-7800 Manassas, or 703 792-4900 Woodbridge)

Community Regional Crisis Response for youth and adults in need of mobile crisis 844-627-4747

REACH mobile crisis services for youth and adults with developmental disabilities 855/897-8278 can still be accessed directly.

Local Domestic Violence Hotline: 703-221-4951 (ACTS PWC)

Reach out to People Engagement Manager, Zoe Marcuse at (571) 429-2180 if you need additional support.