

Top 10 Signs

It might be time for your loved one to move to a senior living community.

Seeing our loved ones struggle as they age is difficult. Please know you have options that can relieve your worry and ease your stress. If you notice any of these signs, consider a senior living community.

- 1 Lack of social opportunities
- 2 Struggling with household chores and errands
- 3 Struggling with home maintenance and lawncare
- 4 Forgetting to pay bills
- 5 Missed medications
- 6 Recent falls or resistance to using a mobility device
- 7 Poor nutrition -- not eating well-balanced meals
- 8 Deteriorating personal hygiene
- 9 Family members are unable to provide care
- 10 Caregiver burnout

Reach out to see how The View Alexandria can assist you in providing care, a safe place to call home, and peace of mind for your family.

Get in touch with us!

571.982.7424

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