

Financial Wellness Fair & Seminars



Learn how to improve your financial wellness.

As part of the Goodwin Living Wellness Initiative, we're offering the chance for team members to meet with representatives from Principal Financial Group and our Cigna Employee Assistance Program (EAP). Attend two seminars and visit resource tables to gain insights to help you manage your money and plan for retirement.

The Fair is open from 1:30 - 3:30 p.m.

Financial Planning Seminars

1:30 - 2:00 p.m.

EAP Seminar:
Mastering Your Money

2:30 - 3:00 p.m.

Principal Financial Group Seminar:
Connecting to Resources

Dates & Locations

January 31 | TVA Auditorium
February 5 | GHA Auditorium
February 7 | GHBC Auditorium

One-on-One Sessions

Retirement Planning Advice

Reserve a 25-minute slot to speak to a Principal financial advisor about your retirement planning. Must reserve your slot at least two days in advance of the fair. Click on the link below or visit ADP.

Slots available from 12:15 - 1:00 and 3:00 - 5:45 p.m.

- [TVA Sign Up](#)
- [GHA Sign Up](#)
- [GHBC Sign Up](#)

Questions? Contact Zoe Marcuse at ZMarcuse@GoodwinLiving.org



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