# The Goodwin Living Team Update

# News You Can Use

October 30, 2023 | GoodwinLiving.org/StaffUpdate

#### **Open Enrollment Ends November 10**

The Annual Open Enrollment started last week and ends on November 10. During this time, you may make changes to your benefit elections.

REMINDER that your current dental enrollment ends on December 31! If you want dental insurance, you must elect one of the three new Delta Dental plans now during Annual Open Enrollment. Now is also the time to enroll in the 2024 Flexible Spending Accounts (FSA). Learn more about the FSAs by clicking here.



The medical and vision plans are not changing, so if you do not wish to make any changes to those benefits during this Open Enrollment window, your current elections will continue.

How much will insurance cost this year? Please <u>click here</u> to see the new rates for 2024. Log into ADP now to enroll! If you have questions, please contact Benefits Manager Jeanne Hobbs at JHobbs@GoodwinLiving.org or 703.517.3633 (call or text), or HR Specialist Charniel Page at CPage@GoodwinLiving.org or 571.429.0586 (call or text).

## **Goodwin Living on Great Day Washington**

We're thrilled to share two recent opportunities in which our amazing team members and residents showcased Goodwin Living on the WUSA-9 morning program Great Day Washington.



Goodwin Living Director of Sales Sue Dolton and GHA resident Fred Pang came together to share invaluable insights about what to consider when exploring senior living options in this segment: <a href="https://bit.ly/gdw-goodwin-living-retirement-planning">bit.ly/gdw-goodwin-living-retirement-planning</a>.

Valerie Burke of the Goodwin Living Foundation joined GHA Nail Technician Ngoc Nguyen and her GHA resident mentor Sandy Connolly as they shared their moving experience with the Citizenship Program in this segment: <a href="mailto:bit.ly/gdw-citizenship-program">bit.ly/gdw-citizenship-program</a>.

We extend our heartfelt gratitude to the team members and residents who graciously participated in these segments. They embody the spirit of our organization, serving as outstanding ambassadors for the Goodwin Living mission.

### **COVID-19 Active Cases Update**

**Team Member Cases GHBC:** 02 | **GHA:** 03 | **TVA:** 00 | **GLAH + HCBS:** 03 **Resident Cases GHBC:** 10 | **GHA:** 02 | **TVA:** 00 | **GLAH + HCBS:** N/A

### Team Members Can Receive Outpatient Therapy Services at TVA

We're excited to share that our **Goodwin Rehabilitation** center at The View Alexandria (TVA) can now provide outpatient physical, occupational and speech therapy services to **all team members** and their loved ones aged 18 and older.

If you have therapy orders from your healthcare provider and are interested in receiving outpatient therapy services from Goodwin Rehabilitation at TVA, please email Lia Poynor at LPoynor@GoodwinLiving.org and include your referral, insurance card, date of birth and home address. All information will be handled with confidentiality and in compliance with HIPAA.

#### **Goodwin Living Talent Show Was a Hit!**

The DEI Committee was grateful to host the first Goodwin Living Talent Show at TVA this month! We featured an incredible line up of some of your favorite residents and team members on stage performing a variety of talent. The room was full of love and cheer for every performer!

Thank you to all those who organized, supported and participated in the fun. We will release footage of the show on YouTube and Instagram in the coming weeks. Follow us on Instagram @GoodwinLiving to see it first!

