

Goodwin Living Public Statement

Dec. 22, 2022



Update | Goodwin Living Infection Precaution Efforts

Below, please read a letter that we distributed via email to families and friends of Goodwin Living Residents on December 22, 2022.

With Hanukkah in full swing, Christmas coming up and New Years just around the corner, it's a busy time of year that is full of gatherings with friends and loved ones, good food and plenty of holiday cheer.

In addition to spreading cheer, the winter holidays can also spread viruses. As we shared in a letter to residents today, COVID, flu and RSV transmission rates and cases are climbing in our country and region, and all guidance suggests that these transmission rates and cases will remain high in the United States at least through January.

Given the high regional transmission rates and our desire to get ahead of possible spread on our campuses—Goodwin House Alexandria, Goodwin House Bailey's Crossroads and The View Alexandria—the IPP team has updated our guidance.

Guidance for Residents:

- We strongly encourage residents to wear masks whenever outside their apartments.
- Residents who travel during the holidays are strongly encouraged to test following their return. Residents who travel internationally are required to wear a mask for five days following their return and self-test on day five.
- Residents who have been exposed to someone with COVID-19 must wear their mask for 10 days when around others and notify the Clinic as soon as possible.

Guidance for Visitors:

- We strongly encourage all visitors to test for COVID before coming on campus.
- We ask residents and guests alike to stay home if you feel any symptoms at all. Better safe than sorry.
- If you test positive for COVID-19, you must postpone your visit for 10 days.

Should any of our campuses experience an outbreak of positive cases, we may need to increase precautionary measures.

Please continue on next page.

As a reminder, visitors must wear surgical masks in all common areas on campus. You may remove your mask in your loved one's apartment if your loved one is in Residential (Independent) Living or Assisted Living. Fully vaccinated visitors may also dine with residents in the main dining venues.

Winter Cheer

In case you missed it, in early November The Alexandria Chamber of Commerce awarded Goodwin Living as the 2022 Best Nonprofit/Association of the year! We owe this achievement to Goodwin Living residents, Goodwin Living At Home Members, team members and donors. Their dedication empowers us to pursue our mission to support, honor and uplift the lives of others. This month, we started a "trophy tour" around our entire organization to share our excitement with all those who made this honor possible. See its first stop at Goodwin House Alexandria here!

We're also excited to share that updates and renovations are coming to The View Alexandria in 2023! As we look forward to 2023, we celebrate the big news and accomplishments that came to TVA in 2022:

- Goodwin Living Rehabilitation services are now available on-site for TVA residents.
- Residents enjoy swimming in the GHA pool.
- Our Life Enrichment team offers more cultural and educational activities.
- The Benjamin M. Smith Health Care Center has been recently renovated.

Happy Holidays

As we look ahead to festive times spent together with our loved ones, we wish all of you very Happy Holidays from all of us at Goodwin Living. For those experiencing loss or challenging situations, we send our warmest thoughts. May each of you have a healthy, safe and happy holiday season!

As always, you can reach out to us with any questions.