

# Goodwin House Public Statement | Feb. 10, 2022

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## Update | Goodwin House Infection Precaution Efforts

*Below, please read a letter that we distributed via email to families and friends of Goodwin House Residents on February 10, 2022.*

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We are delighted to report that case numbers on our campuses continue to decline. We attribute this to the efforts of all those in our community - residents, staff and you, our friends and family. Thank you for supporting and adhering to the protocols and guidelines that are helping to keep all of us safe and healthy.

While case numbers at Goodwin House are down, the levels of community transmission in our area remain high. As we shared in the Resident Update, we did not change any protocols this week. We continue to exercise caution in the relaxing of our protocols in order to keep our case numbers low and avoid contributing to an already overburdened healthcare system. We are also bound to follow certain protocols based on direction from our local health departments.

### Are You “Up to Date”?

The Centers for Disease Control (CDC) recently introduced a new term relative to the COVID-19 vaccines. While the CDC still defines “fully vaccinated” as a term that applies to those who have received their primary series of COVID-19 vaccines, “up to date” applies to those who have received all recommended COVID-19 vaccines, including any booster dose(s) when eligible.

In this week’s FAQ with IPP, Goodwin House Hospice Medical Director, Dr. Margaret Gloria, discussed the benefits of vaccines and boosters and how effective they are in protecting us against the two most recent variants of concern—Delta and Omicron. When the Delta variant swept the country last summer, data showed that people who received a booster fared better against Delta than those who had only received the initial doses of the vaccine. While current evidence suggests that the vaccines may not be quite as good at guaranteeing you don’t contract the more transmissible Omicron variant, early evidence indicates that most people who have received their initial dose(s) as well as a booster and then contract Omicron have very mild symptoms that are more like a common cold.

Imagine if COVID-19 were only as serious as the common cold or flu! Vaccines (and boosters!) are the key to getting us there.

*We are committed to keeping you, residents and staff healthy.  
Please join us in our efforts to keep our community infection-free.*



As is the case with many other vaccines (such as for the flu or tetanus and diphtheria), we sometimes require boosters to ensure we maintain our immunity. It is a sign of progress that we are entering a stage of being able to protect ourselves from COVID-19 by getting booster doses. For those who are eligible and able, we encourage everyone to get the booster dose!

## **Send a Message of Love on Valentine's Day with the Goodwin House Foundation**

At Goodwin House, we celebrate Valentine's Day in a very special way. This February 14 is our Second Annual Giving Day.

Over the last two years, the [Goodwin House Foundation](#) has witnessed an incredible outpouring of support from friends and family of residents and we are grateful! On Giving Day, we come together to celebrate the generosity of an amazing community that allows us to live our mission to uplift the lives of older adults and those who care for them.

We will be hosting special events on campus for residents and staff, and you can take part in Giving Day, too! We encourage the Friends & Family of Goodwin House to consider [giving to the Foundation](#) in support of amazing programs that are made possible by the Foundation and the generosity of our community members.

When you give your gift, you can donate in honor of your loved one, or in honor of staff members who have made a difference in their lives. Whatever inspires you to give, we appreciate your support. Together, we make a difference!

## **Celebrating Black History Month**

Throughout the month of February, Goodwin House is celebrating Black History Month. In addition to special activities on campus, we're recognizing and honoring important history makers such as [Shirley Chisholm](#) and Claudette Colvin [add link] on our Facebook page. We'll continue to share stories like these each week throughout the month. [Follow us on Facebook](#) to see these posts and more!

As always, you can reach out to us with any questions.