

Goodwin House Public Statement | Feb. 03, 2022

Update | Goodwin House Infection Precaution Efforts

Below, please read a letter that we distributed via email to families and friends of Goodwin House Residents on February 03, 2022.

Welcome to February! There is a lot to celebrate this month: [Black History Month](#), American Heart Month and [Lunar New Year](#) are just a few examples! We'll also be celebrating the Goodwin House Foundation's Second Annual Giving Day on February 14 – more on that below.

Visits to GHBC Residents in Assisted Living, Memory Support and the Health Care Center

Due to the decline of COVID-19 cases in our community, Fairfax County Health Department (FCHD) has advised us that we may lift the suspension of visits to residents in Assisted Living, Memory Support and the Health Care Center. As we resume visits, the FCHD has advised that we continue to discourage visits to these areas particularly due to active cases. If you choose to visit, we must caution that you may be exposed to or become infected with the COVID-19 virus. We ask that you follow the protocols we have in place at the time of your visit, including properly wearing a mask at all times.

We are hopeful that a continued downward trend in cases on our campuses and an eventual downward trend in cases in our region will allow us to return to our more standard visit practices soon.

Gradually Resuming Activities on Campus

Thanks to everyone's commitment to precautions, our case numbers are going down. Accordingly, we are delighted to share that we are starting to resume activities on campus. We are aware that cases in our region remain high and want to ensure we are not contributing to the burden on our hospitals. To that end, we shared in this week's Resident Update that our resumption of activities will be gradual.

First, we're expanding room capacities for resident gatherings on campus. Conference rooms, meeting rooms, fitness rooms and the like can now accommodate up to 15 people. Meetings held in the Auditorium can hold up to 50 people.

Dining Services at GHBC is moving ahead with the plans we shared last week for Residential (Independent) Living residents. In-person dining for all meals will resume on February 7. At GHA, Dining Services is moving ahead with the plans we shared last week for Residential (Independent) in-person dining for breakfast and lunch will resume on February 7 and dinner

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Please join us in our efforts to keep our community infection-free.*



will resume on February 14. We are not yet able to welcome guests in the dining venues.

We continue to require residents to quarantine for five (5) days under the following conditions:

- Dining on campus in their apartments with non-residents
- Dining off campus in a restaurant (indoors or outdoors)
- Dining off campus in someone's home with non-residents

Our decision to keep this protocol in place is influenced by high positivity and transmissibility rates in our region, coupled with our desire to avoid contributing to an already overburdened healthcare system in the region. Goodwin House Medical Director Dr. Koroma-Nelson discussed that burden further in this week's "FAQs with IPP", and how we can do our part to make a difference. We encourage you to read the FAQ with Dr. Koroma-Nelson.

Get Ready for Giving Day - February 14

Valentine's Day has new meaning at Goodwin House—this February 14 is our second Annual Giving Day. Over the last two years, the [Goodwin House Foundation](#) has witnessed an incredible outpouring of support from friends and family of residents and we are grateful! On Giving Day, we all come together to celebrate the generosity of an amazing community that allows us to live our mission to uplift the lives of older adults and those who care for them.

It is thanks to the generous donors to the Foundation that Goodwin House can keep its commitment to residents, ensuring that no resident should have to leave their Goodwin House home due to financial difficulties. Generous donors also make it possible for the Foundation to support those who might not have the means to pay for the special care and comfort that is provided by our hospice team. The Foundation also makes it possible for Goodwin House to offer tuition assistance, emergency grants and paths to U.S. citizenship for staff who are seeking to live their best lives and pursue their dreams. You can read more about the Foundation and the many contributions it makes to resident quality of life and support for staff in our brochure.

This Giving Day (February 14), we encourage the Friends & Family of Goodwin House to consider [giving to the Foundation](#) in support of these amazing programs. When you give your gift, you can donate in honor of your loved one, or in honor of staff members who have made a difference in their lives. Whatever inspires you to give, we appreciate your support. Together, we make a difference!

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Looking Forward to a Month of Love

As we look forward to all we have to celebrate in this month of love, we are grateful for the love and support you have shown us throughout a very difficult two years. Your thoughtful messages of appreciation have been a source of strength for staff along the way, and we extend our love and support right back to you!

If you have any questions, we encourage you to reach out.

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