

Goodwin House Public Statement | Dec. 29, 2021

Update | Goodwin House Infection Precaution Efforts

Below, please read a letter that we distributed via email to families and friends of Goodwin House Residents on December 29, 2021.

We are in the final days of 2021. Exactly one year ago today, we were hosting [our first vaccine clinics](#). Those clinics and many others that followed helped us all enjoy a better and brighter year. Even as we rely on additional protocols to combat the current surge of COVID-19 cases, we reflect on a year that brought us happy reunions and a return to our more typical community living experiences at GHA and GHBC.

As we prepare to welcome 2022, we are thankful to every member of the Goodwin House family who has helped us by staying focused and attentive to our protocols. Thanks to the commitment we all make, we are able to manage through this pandemic together.

Extra Thankful for Staff

We are especially grateful to the Goodwin House staff who continue to adjust as the situation requires. They work hard to find creative solutions that make it possible for residents to enjoy time with one another and with loved ones. And they do this while also following the extra protocols we have put in place for them.

We express our gratitude to staff by providing them with additional support during these times. Last week, we distributed at-home testing kits to them. Every staff member received a kit that contains two tests. More kits are available for them to purchase should they need them. Given the current demand for at-home kits throughout the United States, we are incredibly glad we took this proactive step to order kits in advance.

Next week, all staff will be tested so that we can establish a baseline among staff. We also have rapid tests as well as PCR tests available for both staff and residents as needed. This ability to test staff and residents as needed and on-site makes a significant difference in our ability to get results quickly and keep residents and staff healthy and safe.

Protocols Update

As we shared last week, the Infection Precaution and Planning (IPP) Team has resumed weekly meetings while they manage us through the current surge. They expect to meet weekly through the month of January. This means you'll be hearing from us more often, too.

*We are committed to keeping you, residents and staff healthy.
Please join us in our efforts to keep our community infection-free.*



This week, the IPP Team updated our quarantine periods for several activities. We shared the details, along with reminders for the New Year's holiday, in a letter to residents today. We provide those updates for you below.

Update on Cases and Visits

Before we go into the updated protocols, we wanted to share the latest information on our case counts and visit status.

As of today, we have 5 active resident cases and 15 active staff cases at GHBC. We are providing both staff and residents with the support they need as they quarantine and recover. We know you join us in wishing them well on their road to full recovery.

As of today, we have 4 active resident cases and 9 active staff cases at GHA. We are providing both staff and residents with the support they need as they quarantine and recover. We know you join us in wishing them well on their road to full recovery.

As a reminder, at the recommendation of local health departments, we continue to discourage visits to Assisted Living, Memory Support and the Health Care Center at this time. Visits to residents in Residential (Independent) Living may continue as usual, though we are still unable to welcome guests into our dining venues.

Updates to Quarantine Periods

International Travel: Residents who travel internationally should quarantine for 5 days upon their return. They should take a PCR test on day 3 or 4, and may end their quarantine on day 5 with a negative test result.

Dining Off-Campus: Residents who dine off-campus (e.g. in a restaurant, at the home of loved ones, etc.) should quarantine for 5 days. Residential Living residents do not need testing unless they develop symptoms. Assisted Living, Memory Support or Health Care Center residents will be tested on day 4.

Dining with Non-Residents: Residents who dine with family and friends who are not GHBC / GHA residents, whether they dine on- or off-campus, should quarantine for 5 days. Residential Living residents do not need testing unless they develop symptoms. Assisted Living, Memory Support or Health Care Center residents will be tested on day 4.

Direct exposure to someone with COVID-19: If residents have direct exposure to someone with COVID-19, they should quarantine for 10 days. They should take a PCR test on day 7, and may end their quarantine on day 10 with a negative test result.

The IPP Team considered the latest guidance from the CDC, and they determined to keep these quarantine periods as the residents of our Life Plan Communities are more vulnerable to severe cases of COVID-19. The IPP Team will review this quarantine period again after the New Year.

Residents may leave campus for any activities without incurring a quarantine upon return, as long as the activity does not involve eating. Please encourage residents to wear a mask at all times whenever they are off campus.

Residents who are under quarantine can make arrangements with Dining Services for meals to be delivered (at no additional cost) to their apartments. They can arrange for PCR tests through the Clinic. If they develop symptoms during their quarantine period, they should also notify the Clinic. Goodwin House will ensure they have all that they need throughout their quarantine.

Ring in the New Year

We enjoyed a festive Christmas holiday filled with delicious food, friends and fun! Take a peek at [our Facebook page](#), where we shared a few photos of the mouthwatering meals prepared by our Dining Services teams. Now, we're looking forward to an equally special New Year's.

At GHA, we are excited to be able to hold our New Year's Eve Party as scheduled though this event is open to residents only for the protection of residents and staff.

At GHBC, we are excited to be able to hold our New Year's Eve cocktail hour as scheduled though this event is open to residents only for the protection of residents and staff.

We wish you and yours a very Happy New Year! As always, please be in touch with any questions.