

# Need to File a Short Term Disability or FMLA Claim?



When caring for yourself or a loved one takes you away from work, you may need to file a Short Term Disability or FMLA claim. Matrix Absence Management makes it easy for you to file 24 hours a day, 7 days a week.



ANDROID



iOS

To file your claim, download the Matrix eServices Mobile app, go to [matrixabsence.com](http://matrixabsence.com) or if you don't have Internet access, you can call (877) 202-0055.

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