

Goodwin House Public Statement | April 9, 2021

Update | Goodwin House Infection Precaution Efforts

Below, please read a letter that we distributed via email to families and friends of Goodwin House Residents on April 9, 2021.

Did you know that this week is National Public Health Week? As the COVID-19 vaccine becomes available to more and more people, we are mindful of the many public health workers who have helped us get this far.

Each day of National Public Health Week places focus on a particular topic, and today's theme is [Building COVID-19 Resilience](#). At Goodwin House Inc., we continue to respond to the pandemic by following infection precaution practices backed by public health science - mask wearing, social distancing and frequent hand washing. We also follow the guidelines set forth by the Centers for Disease Control (CDC), state and local health departments. In doing so, we do our part to keep everyone safe and healthy and reduce the strain on our health care systems.

We thank you for your support of our efforts over the past year. As we continue to ease the protocols on our campuses, we ask for your continued patience and support. Remember, we are stronger, together!

GHA Health Care Center & Assisted Living Quarantine

Due to one new COVID-19 staff case at GHA, we must quarantine the Health Care Center and Assisted Living until we can test all staff and residents of these areas early next week. We will share more specifics with GHA residents next week once we receive the test results.

Updated Safe Path Forward Guidelines

As we shared in this week's Resident Update, more updates to our Safe Path Forward Protocols & Guidelines go into effect today. Updates include outdoor dining at restaurants and discontinuing online scheduling for visits with residents in Independent (Residential) Living. See the Guidelines distributed to residents today for full details--updates are noted in the table of contents in order to help direct your attention to them.

*We are committed to keeping you, residents and staff healthy.
Please join us in our efforts to keep our community infection-free.*



Reminders for Visitors

We are excited to see more and more of you to our campuses each week. As we continue to welcome visitors, please remember the following:

- Guests must sign in at the screening kiosks in the lobby.
- Guests must go straight to apartments or designated visiting areas and remain there for the duration of their visit – they may not visit other areas of campus.
- Guests may not stay overnight.

Know Someone Who Would Benefit from Becoming a Resident?

As our community and country take welcome steps out of the pandemic, we have all seen the challenges older adults especially have endured from isolation. Many are now more hopeful than ever to join a senior living community and gain the benefits of fellowship, friendship, safety and care services.

Goodwin House Alexandria currently has a limited number of studio and one-bedroom apartments available. Under our Life Care contract, these smaller apartments provide full access to all our amenities, as well as access to higher levels of living (Assisted Living, Memory Support and Skilled Nursing) should they be needed at some point and without any increase in monthly fees. These affordable apartments are ideal for older adults who have lived a life of service or have more modest income.

We are offering a one-time special to individuals or couples who reserve a small apartment at GHA, including apartment design services and complimentary unpacking services. You can take a virtual tour if you'd like!

- The Fairlington: <https://youtu.be/EOAbKJ2aD4w>
- The Eisenhower: <https://youtu.be/VNFPL3fyqPY>

We welcome your referrals and would be honored to provide a personal tour and consultation session to those you know who could benefit from this opportunity to join the Goodwin House Alexandria family. Please contact us at info@goodwinhouse.org or 703.578.7201.

Ramadan Begins Next Week

Ramadan is a holy month in the Muslim calendar. During Ramadan, Muslims practice fasting by refraining from both eating and drinking between sunrise and sunset. Ramadan is also a time for spiritual reflection, prayer and spending time with loved ones. In observance of Ramadan, we have dedicated spaces at both GHA and GHBC where staff may go for prayers. We wish all those who celebrate "Ramadan Kareem" (Have a generous Ramadan)!

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Editor's Note | Last Week's Passover Message

Last week, we wrote that Passover ended on Sunday, April 4. A dedicated reader reached out to let us know that it ended on Saturday, not Sunday. In reviewing our editorial process to understand how the error occurred, we learned that we had cited the last day of Passover that was observed by Conservative Jews who celebrate for eight days; however, Reform Judaism observes Passover for seven days. Details such as these are important. We sincerely apologize for the oversight and any upset we might have caused. We are also grateful to the reader who took the time to write and make us aware so we could learn and take steps to correct our error.

As always, you can contact us at any time.

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