

Goodwin House Public Statement | April 2, 2021

Update | Goodwin House Infection Precaution Efforts

Below, please read a letter that we distributed via email to families and friends of Goodwin House Residents on April 2, 2021.

As we prepare today's update, the temperatures here in the D.C. region are cooler than we might expect for the first few days of April. Nonetheless, the sun shines bright, and we remain excited about the promise of spring. More and more people are becoming eligible to receive the vaccine, and we look forward to happier and warmer days ahead.

Safe Path Forward | Updated Guidelines

Having reached our herd immunity thanks to high vaccination rates among both staff and residents, we updated our Safe Path Forward Guidelines and Protocols at the beginning of March. Throughout the pandemic, we have regularly reviewed and updated our protocols, and this week we have another update to share.

We encourage you to review our most recent update of the Guidelines for the latest information on quarantines, visits, dining and more. Please note that while this isn't mentioned in the guidelines, we are not yet able to welcome guests to campus for overnight stays.

We encourage you to discuss these with your loved ones so that you are all aware of the updates and how they might affect plans you make to spend time together.

Reminder to Wear Your Mask Properly

Even with herd immunity reached on campus, we all continue to practice our infection precaution protocols--wear a mask, practice social distancing and maintain good hand hygiene. In this week's Resident Update, we offered a reminder on how to properly don a mask. Please be sure to wear masks properly whenever you are out and about.

Please keep reading. Continued on next page.

*We are committed to keeping you, residents and staff healthy.
Please join us in our efforts to keep our community infection-free.*



In the News

Last week, Goodwin House Medical Directors Dr. Koroma-Nelson and Dr. Gloria and GHBC Director of Nursing and Associate Executive Director Karen Doyle were [featured in an article](#) in the Falls Church News Press celebrating high vaccination rates at Goodwin House that have enabled us to relax protocols.

And in other news, the 12-year-old grandson of Goodwin House at Home Members and GHBC Residents Dan and Fay Alexander made appearances on local ABC and NBC affiliate broadcasts. Computer genius Sawyer Thompson [created a website](#) to help people in the DMV find vaccine appointments. He shared his story and what inspired him with NBC Nightly News with Lester Holt: Kids Edition on March 20, 2021. [Watch the video here.](#)

Have You Heard of The Good Life?

We don't mean sandy beaches or peaceful mountains (although that does sound good!).

With The Good Life—our blog and monthly newsletter—we do try to offer the next best thing. We regularly write and post articles that cover a range of topics and offer tips for staying vibrant, healthy and informed as you age. We also share the latest news from Goodwin House and insights into what it's like to live and work here, whether at one of our Life Plan Communities or one of the service lines that reaches beyond our campuses.

Residents and staff alike Goodwin House contribute to our blog, either by writing articles or by sharing their insights, experiences and expertise in collaboration with our blog editorial team.

Interested in checking out some of the articles we share on the Goodwin House blog? [Visit the blog](#) or sign up for [our monthly e-newsletter](#).

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A Season of Renewal

For many of us, the season of spring symbolizes a period of renewal and growth. As we emerge from winter, we all feel a sense of hope as the world around us starts to bloom and blossom. With this season comes a number of festivals and religious holidays with similar themes.

The Jewish holiday of Passover began last Saturday and ends this Sunday, which also happens to be Easter Sunday for most Christians--Orthodox Christians follow a different calendar and will celebrate Easter on May 2 this year. Passover and Easter are the subjects of the latest installment of ["Friday Thoughts"](#) from our DEI Committee.

For all those celebrating holidays this weekend, we send you warm wishes. And for everyone, we hope you find time for rest, renewal and quality time with family and friends this weekend.

As always, you can get in touch with us via email.

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