

Goodwin House Public Statement | March 19, 2021

Update | Goodwin House Infection Precaution Efforts

Below, please read a letter that we distributed via email to families and friends of Goodwin House Residents on March 19, 2021.

An Irish Blessing begins “may the sun shine warm upon your face; the rains fall soft upon your fields,” and in just that fashion, the weather in Northern Virginia this week varied between sun and rain. How appropriate for celebrating St. Patrick’s Day!

Shamrocks and smiling faces popped up all over GHA and GHBC as we marked this Irish holiday with traditional foods, gift bags and a lot of fun. We shared several photos of our celebrations in this week’s Resident Update. You can find even more on [our Facebook page](#).

Reuniting with Loved Ones

Since we resumed visits earlier this month, more and more of you have been able to reunite in person with your loved ones. GHA Recreation Coordinator Peri Weinfeldt beautifully captured the touching experience of residents reuniting with their loved ones in [an article posted to the Goodwin House blog](#) today.

We know how important it is to be able to see and touch your loved ones. After spending so much of the last year apart, we are grateful to be able to safely welcome visitors again.

FAQs About Visits With Loved Ones

As visits resumed, some residents and guests asked questions for additional details about our current visit protocols. We’d like to share answers to some of the more frequently asked questions here. These FAQs are also shared in the Resident Update.

Is There a Time Limit for Visits to Independent (Residential) Living Residents?

No, there is no time limit for visits to Independent Living (IL) residents. However, we do require visitors to book appointments through our online booking system. Please note that the booking system only allows us to show 45 to 60-minute appointment windows for all levels of living. The time limit only applies to visits with residents in Assisted Living (AL), Memory Support (MS) and Health Care Center (HCC), as those visits require staff support.

All visitors must schedule their visit at www.goodwinhouse.org/campus-visits.

*We are committed to keeping you, residents and staff healthy.
Please join us in our efforts to keep our community infection-free.*



Can a Visitor Stay Overnight?

At this time, guests may not stay overnight with residents.

Where Can Visitors Go on Campus?

After checking in, visitors must go directly to the resident's apartment (IL residents) or to the designated visiting area (AL, MS & HCC residents). We ask that visitors not make trips to dining venues, the on-campus pharmacy or clinic, etc. They must remain in the resident's apartment or designated visiting area for the duration of their visit.

What Times Are Available for Visits?

Please schedule visits in advance, as same-day booking times may not be available.

At both GHA and GHBC, loved ones can schedule visits with IL residents daily from 10:00 a.m. to 7:00 p.m. There are no time limits for these visits, though we ask that visitors leave campus by 8:00 p.m.

Loved ones can schedule visits with AL, MS and HCC residents daily from 10:00 a.m. to 4:00 p.m. These appointments are limited to 45 minutes, as they require staff support.

GHBC Residents Share Stories of Activism

GHBC residents Marietta Turner, Wayne Kelley and Dr. Drue Shropshire Guy were featured in an article in the Alexandria news outlet The Zebra this week. Reporter Kevin Duray spoke with Ms. Turner, Mr. Kelley and Dr. Guy about their experiences during the Civil Rights Movement, and how those experiences inspired them to activism. [Read the article here.](#)

Seasons Change

As The Byrds famously sang about, to everything there is a season. As we start the season of spring this weekend, our minds turn to new beginnings and growth. In that spirit, we are looking forward to what comes next for these weekly updates that we launched during the pandemic in order to ensure we kept residents, friends and family well informed along the way.

Before we make any changes, we have asked residents for their input by completing a brief survey. Once we have their input, we will be sharing news of what our plans are for future updates. In the meantime, please don't hesitate to reach out.