

Goodwin House Public Statement | Mar. 12, 2021

Update | Goodwin House Infection Precaution Efforts

Below, please read a letter that we distributed via email to families and friends of Goodwin House Residents on March 12, 2021.

This week, we reached the one-year mark of the World Health Organization officially declaring that COVID-19 was a pandemic of widespread, global concern. Exactly one year ago today, on March 12, 2020, we shared our very first email with you. We have been through so much together even while staying apart, and we continue to feel deeply grateful to have you as part of our Goodwin House Family.

We plan to continue our weekly updates, at least for the time being. So without further ado, let's get to the news of this week!

New Guidance for Visitors

We welcomed the warmer temps this week with extra enthusiasm as visitors started returning to both campuses. We have witnessed many touching reunions and smiling faces—such heartwarming moments to share and celebrate. Reporter Drew Wilder from NBC4 captured one reunion between a GHBC resident and her family yesterday. [Watch the news clip and read their touching story.](#)

This week, both the CDC and CMS (Centers for Medicare and Medicaid Services) released updated guidelines. In light of these changes, we have revised our protocols for visits. Please read our Guide to Visitors ahead of your next visit.

When you schedule a visit on our bookings page, please only select a time slot from your loved one's level of living—Independent Living (also called Residential Living), Assisted Living / Memory Support or Health Care Center. For example: If you are visiting a loved one in the Health Care Center, please only schedule a visit that is available for a Health Care Center timeslot. If your desired visit time is not available for your loved one's level of living, **do not** try to book the time through another level of living. For bookings with residents in Assisted Living / Memory Support and Health Care Center, we are only able to accommodate a certain number of visits at a time due to staff availability.

Socializing Safely Off Campus

As we all start participating in more activities off-campus and residents are socializing more with those outside of our campuses, we ask that residents and their loved ones be mindful of

*We are committed to keeping you, residents and staff healthy.
Please join us in our efforts to keep our community infection-free.*



the practices we all must follow to ensure everyone in the Goodwin House community remains safe and healthy.

Our Guidelines for Gathering offers suggestions for socializing safely as we gear up for spring holidays, reunions and other opportunities for fun. Please follow these guidelines when you are visiting with Goodwin House residents.

Resources for COVID Testing

In this week's Resident Update we shared links from several local jurisdictions that offer locations to obtain a COVID-19 test. We strongly encourage you to get tested within three days before your visits with loved ones, and hope that these resources will make it easier for you to do so.

Springing Ahead

It's been a beautiful, spring-like week here in Northern Virginia. We hope that you have been able to enjoy the fresh air and sunshine. At GHBC today, the temperate weather was particularly handy as the Arlington County Parks & Recreation Super Squad came out to build a superhero training chalk obstacle course for residents to enjoy. We shared a few photos from the event on [our Facebook page](#).

Don't forget to set your clocks ahead this weekend. While many of our smart devices do it on their own, try not to neglect those beloved time keepers who might still need a little help from us to do it for them. Speaking of smart devices, you can reach us at any time with one simple click, and a few key strokes. We always enjoy hearing from you.