## Need to Talk? We're Here to Listen

Sometimes, we just need someone to **be present with us and simply listen**. This past year has been particularly challenging. Goodwin House is now offering another option to help you through your own personal challenges.

The Goodwin House Chaplains and Clinical Pastoral Education (CPE) students are available to provide **confidential support** to Goodwin House staff. We are spiritual care professionals representing many different faiths who can offer support to anyone, whether or not you practice a faith or religion. We can talk about whatever is on your mind. Our conversations don't have to be religious in nature. **You can discuss any topic you wish to share with us**.

If you are in need of a friendly ear, please do not hesitate to reach out. We are here for you and ready to listen.

You can reach us at the We Care Hotline 703.578.7315 | WeCare@goodwinhouse.org

## **Important Disclaimer:**

Chaplains and CPE students are spiritual care professionals. We are not licensed therapists, psychologists or medical doctors. If you think you need a more in-depth therapy relationship, please contact the free service that is available to all Goodwin House staff members through the Cigna Employee Assistance Program at 1.866.395.7794

