

Goodwin House Public Statement | Feb. 26, 2021

Update | Goodwin House Infection Precaution Efforts

Below, please read a letter that we distributed via email to families and friends of Goodwin House Residents on February 26, 2021.

We find ourselves at the end of yet another month, and even if February is our shortest one of the year, they all seem to pass too quickly sometimes. Of course, as we look forward to March, we see that it holds great promise as we begin along our Safe Path Forward and the gradual return of more services, amenities and family and friend visitations. Keep reading for more details!

Safe Path Forward Protocols

Thanks to the incredibly high numbers of residents and staff who participated in our vaccine clinics, we will be able to resume many activities and services at GHA and GHBC in early March!

Yesterday, residents received the updated GHA and GHBC guidelines. Updates include our schedule for resuming visits with loved ones, communal dining and on-campus appointments with non-Goodwin House medical providers.

Please read the guidelines closely for details on the types of visits you can schedule with your loved ones. The guidelines also provide specifics on what's required for visits to take place. Please note that tests are still required, even for those who have been fully vaccinated.

We are now scheduling visits again via our website. To book yours, please visit <http://www.goodwinhouse.org/campus-visits>

Maintaining Our Infection Precaution Measures

We continue to remind everyone that receiving the vaccine means that those who are vaccinated are prepared to fight the virus if they get exposed to or contract COVID-19; it does not guarantee they won't get infected at all. For that reason and to ensure we are taking precautions against the new, more transmissible strains of the virus, we will continue to practice our infection precaution protocols on our campuses. Staff and residents will still be required to wear masks, keep a social distance and practice good hand hygiene. We appreciate that you continue to encourage your loved ones to stay committed to these best practices.

Please keep reading. Continued on next page.

*We are committed to keeping you, residents and staff healthy.
Please join us in our efforts to keep our community infection-free.*



Celebrating Black History Month

We celebrated Black History month on campuses in a variety of ways this year. Theresa Thomas, chair of our Diversity, Equality and Inclusion Committee, [published a blog article](#) that features Black inventors who have had an impact on our lives yet so often have not received the recognition they deserve for their contributions.

GHA shared a daily “Black History Moment” on our internal TV channel. Residents and staff recorded poems, quotes and speeches from Black poets, writers and leaders. This week, GHA residents also enjoyed a display of African artifacts on loan from fellow residents and staff.

GHBC featured resident Marietta Tanner in a virtual program for residents called “Still Rising: The Hidden History of African American Women”. This presentation is being aired on our in house channel 2 today. Residents also took in a display that featured Black individuals, couples and families who have succeeded in their fields and made significant contributions to U.S. culture and history.

We shared photos from some of these events in this week’s Resident Update. Check out more [photos on our Facebook page](#).

Take Care of Your Heart

February is also American Heart Month. Heart disease is the leading cause of death in the United States, and people aged 65 and older are much more susceptible to developing heart-related diseases. We’re sharing two articles about steps you can take to protect your heart in this month’s issue of The Good Life, [our e-newsletter](#). You can read more articles and subscribe to the newsletter [at our website](#).

Stay healthy, both in heart and in spirit. And reach out to us at any time!