

# Goodwin House Public Statement | Oct. 16, 2020

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## Update | Goodwin House Infection Precaution Efforts

*Below, please read a letter that we distributed via email to families and friends of Goodwin House Residents on Friday, October 16, 2020.*

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### Testing & Quarantine Guidelines for Residents & Visitors

We regularly share our updates to protocols and quarantines. In August, we provided residents with an easy reference document that offered guidelines for a range of scenarios. We distributed that reference guide again today in this week's Resident Update. We also created a version of our guidelines for visitors. These guidelines are especially relevant to visitors coming from out of town or who may have traveled recently.

### Tips to Keep Your Immune System Working

At Goodwin House, we have two Registered Dietitians, Alison Liggett and Saba Barkneh, who are quick and generous in sharing their knowledge and expertise with us. This week, they shared tips on how nutrition plays a role in helping our immune system to function properly. Here's to enjoying what we eat and boosting our immune systems!

### GHBC Campus Visits

Many of you have asked if we could create a direct link to the GHBC details on our campus visits page. You can now find it here: <https://www.goodwinhouse.org/campus-visits/#ghbc>

### We're #10 in 2020 Top Workplaces!

In June, we learned that we made the list of 2020 Top Workplaces in the Washington Metro area. This week, we learned that [we ranked number 10](#) among large companies! Organizations receive this designation based solely on employee surveys. This year, more than 400 companies competed to be on this list — that's a record number!

Thank you for all you do for our staff to make Goodwin House a wonderful place to work. Your support and encouragement — especially during the past several months — means so much!

*We are committed to keeping you, residents and staff healthy.  
Please join us in our efforts to keep our community infection-free.*



## Celebrating 50 Years with Audrey Keith!

You may remember that in August we honored Audrey Keith for her 50 years of service with Goodwin House. Audrey shared memories of her time at Goodwin House and offered words of wisdom we can all appreciate. [Watch her delightful video.](#)

## Goodwin House Foundation Year-End Video

This year, the Goodwin House Foundation hosted its [first virtual donor reception](#) to celebrate all the generosity we received from the Goodwin House community this year! The video was produced, filmed and edited by Peg Bethany, a Goodwin House resident. She spent countless hours doing this in order to save the Foundation funds for residents and staff in need.

We have been inspired by the support the Foundation has received, especially the increased gifts sent with the intention of lifting up our residents and staff members in need. Our Annual Fund raised over \$1.3 million in its first year, and the gifts were put to use immediately, giving hope to all of our recipients during a difficult time. Thanks to all those who contributed this year. To learn more, visit [www.goodwinhouse.org/giving](http://www.goodwinhouse.org/giving)

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