

Goodwin House Public Statement | August 28, 2020

Update | Goodwin House Infection Precaution Efforts

Below, please read a letter that we distributed via email to families and friends of Goodwin House Residents on Friday, August 28, 2020.

2020 seems to be giving new meaning to the saying “Time flies!” We find it hard to believe this is the last Friday of August, and that the season of pumpkin spiced everything is fast approaching. Summer isn’t over yet, so let’s enjoy it while we still can!

Updates on Campus Visits + A Few New Cases

We wanted to let you know about a few new staff cases and one new resident case on our campuses. It is thanks to our ongoing, proactive testing protocols that we know about these cases. While we never enjoy learning about a case within our community, we appreciate that our system is working and that it alerts us to when we must take additional precautionary measures to avoid a larger spread of the virus. Thank you for keeping the resident (who is in Independent Living) and the staff members in your thoughts during their isolation period.

Engaging Residents in Higher Levels of Living

This week, we talked to our leaders of Life Enrichment (LE), Maura Ferrigno (GHA) and Tiffany Proctor (GHBC). They shared how they and their teams have been engaging residents in higher levels of living during the pandemic. [Read their Q&A](#) for the full story.

Celebrating Two Anniversaries!

Goodwin House recently celebrated two big anniversaries.

Audrey Keith walked into Goodwin House Alexandria on August 17, 1970. It was her first day working as a member of the Dining Services team. Fifty years later, Audrey is still serving up meals with super-sized portions of her signature smile. She is legendary for treating residents and staff as though she were our favorite aunt, always attentive to ensuring we are nourished, both our bodies and our spirits.

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*We are committed to keeping you, residents and staff healthy.
Please join us in our efforts to keep our community infection-free.*



A few years before Audrey Keith joined our staff, Goodwin House Alexandria opened its doors on August 25, 1967. As President and CEO Rob Liebreich recently shared in a note to staff, “For 53 years, our organization has served older adults in Northern Virginia as a non-profit, faith-based, mission-focused innovator. And now, during this unprecedented time, let us be a source of strength for older adults and those who gratefully dedicate themselves to the service of older adults as we make our way forward with our faith, mission and dedication to innovation to guide us.” We hope you join us in celebrating this anniversary!

Join the Webinar Series: Stay Connected & Stress Less

There is still time to register for our webinar series for residents, members and families. Registered nurse, certified speaking professional and author Sharon M. Weinstein will guide us through thoughtful explorations of the 5Fs—Fear, Family, Frustration, Future and Fun. Over the course of three weekly webinars, Sharon will gently encourage us to recognize our concerns about the pandemic so she can offer solutions we can use to ease our stress and boost our feelings of engagement. The three-part webinar series runs Wednesdays at 3:00 p.m. from September 2 - 16.

The Good Life is Coming

Mondays can get a bad rap, but we plan to make next Monday one you can look forward to. Be on the lookout for the latest issue of The Good Life - our monthly newsletter that features popular blog posts from the Goodwin House blog. [Join the email list](#) now to get the latest edition in your inbox on Monday.

Remembering the March On Washington

On the National Mall today, thousands gathered on the 57th anniversary of the March on Washington, where Martin Luther King, Jr. delivered his famous “I Have a Dream” speech. Goodwin House resident Todd Endo was at that historic march. He was featured in this video produced by NPR. [Hear from Todd and five others](#) who reflect on that day and the current fight for racial justice.

As always, you can reach out to us with any questions.