

Goodwin House Public Statement | July 31, 2020

Update | Goodwin House Infection Precaution Efforts

Below, please read a letter that we distributed via email to families and friends of Goodwin House Residents on Friday, July 31, 2020.

Happy Friday! And happy almost August... where does the time go? That seems to be the question of 2020, a year that has had a strange effect on time. However you are passing the time these days, we're grateful you spend some of it with us as you read our weekly updates.

Home Health for Mobility

The pandemic has taken a toll on more than just time. For all of us, it has presented challenges that are both emotional and physical. Older adults might experience a notable decline in their mobility—this can result from changes in daily routines and getting out and about less often.

In this week's [Resident Update](#), we wanted to make everyone aware that physical and occupational therapy covered by Medicare could help older adults regain or maintain the strength and balance they need retain mobility and prevent falls.

Did you know that Goodwin House recently introduced Home Health Services that are available on campus to residents? Our Home Health Team can provide these services directly to residents in their apartments. We also offer rehab services in our fitness centers.

If you are concerned about your loved one's mobility, encourage them to consult their primary care physician to ask for a referral. The next step is to call our Home Health Team at 703.824.1390 and schedule an initial appointment to discuss their needs.

PPE Q&A

It's a frequent news and conversation topic - PPE! As we look ahead to the fall, which means the start of flu season, Goodwin House is taking a proactive approach to ensure we're stocked and ready to meet our needs.

Along with our Update this week, we also [included a Q&A](#) with our Corporate Director of Supply Chain, Lisa Wallace. In the Q&A, Lisa shares how Goodwin House is sourcing our personal protective equipment (PPE) and planning ahead so that we are protected if there are surges of COVID-19 in the fall and winter. This month, Lisa was named an Employee of the Year by the Healthcare Council of the National Capital Area (HCNCA).

*We are committed to keeping you, residents and staff healthy.
Please join us in our efforts to keep our community infection-free.*



Resident Testing

As mentioned last week, we are in the process of our latest round of baseline testing for residents at both communities. This week, we calculated the total number of tests we've conducted thus far. Since April, we've done 6,270 COVID-19 tests--this number includes resident and staff tests.

Curious how our testing works? We've designated specific areas where we conduct testing, and within the testing space, each room is disinfected in between every test. Our clinic staff wear full PPE during testing to protect residents and themselves.

Take a look at our testing in action:



Facebook Review

Many of you have started following us on Facebook, and we've enjoyed your likes and comments. We thrive because of you, the members of our community. We'd love to hear about what Goodwin House means for you and your family. Please consider sharing a review on our [Facebook page](#). You must have a Facebook account in order to leave your review. We look forward to seeing your stories and listening to your feedback!

Happy August!

In the D.C. region, August is typically a month when everything seems to slow down. Congress is on a break. Families typically take vacations before school starts up again. Even the news cycle tends to slow. We're expecting a very different August this year, though we also expect we can at least rely on D.C. for its signature summer weather!

We wish you a smooth and easy start to August. As always, you can keep in touch with us by sending an email.

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