

Goodwin House Public Statement | June 26, 2020

Update | Goodwin House Infection Precaution Efforts

Below, please read a letter that we distributed via email to families and friends of Goodwin House Residents on the evening of Friday, June 26, 2020.

We hope you all enjoyed a safe and happy Father's Day last weekend! We're so grateful for the efforts everyone in the Goodwin House family has made to minimize the infections within our communities. Thanks to this collective commitment to our protocols, we're able to host limited visits with Independent Living residents on our campuses. We have a few reminders and clarifications to share with you this week, in the hopes of making your visits even smoother.

Schedule Your Visit Online

At this time, only Independent Living residents may receive visitors. We eagerly anticipate expanding our visit protocols to include Assisted Living, Memory Support and Health Care Center residents soon. We act based on guidance from the Virginia Department of Health.

If you wish to visit Independent Living residents on our campuses, you must schedule it in advance and receive approval. The easiest way to schedule a visit is to use our online booking system. [Bookmark this page](#) for easy access!

During Your Visits With Us

As you start to visit us, please be sure follow our most current protocols:

- Guests must test negative for COVID-19 within five days of the visit.
- All visits must take place outdoors.
- Social distancing of 6 feet or more must be maintained at all times
- All residents and guests must wear a mask at all times.
- **Food and drinks must not be consumed; masks must stay on at all times.**

Protocols When Residents Go Off-Campus

In this week's resident update, we provided clarification on our protocols for off-campus trips. Goodwin House continues to encourage residents to remain on campus. Residents may take trips off campus, though they must follow guidance for the approved off-campus activities.

*We are committed to keeping you, residents and staff healthy.
Please join us in our efforts to keep our community infection-free.*



While off campus, residents must limit their time outside their vehicle to less than 15 minutes or only engage in outdoor activities that allow for social distancing at all times. Such activities include taking a walk in the park or putting gas in their car. Residents are not permitted to visit families off campus, even if outdoors. At this time, residents must not do any shopping (even grocery shopping).

If residents do not follow these protocols, they will be asked to quarantine for five days upon their return to campus. Upon return to campus, residents must check in at the screening desk for screening questions and a temperature check.

These protocols keep our campuses safe.

Reminder: Scheduled Hours for Deliveries to Campus

Please bring any deliveries you have for your loved ones during our scheduled hours. We do not have staff available to receive deliveries during off-schedule hour:

GHA: Monday - Friday: 9:00 - 10:30 a.m. and 3:30 - 4:30 p.m.; Saturday 11:00 a.m. - 2:00 p.m.

GHBC: Monday - Sunday: 11:00 a.m. - 2:00p.m.

Advocating for Older Adults

Now more than ever, our country has a choice to support, honor and uplift the lives of older adults and those who care for them. Tuesday, June 23 was ACT for Older Adults Day, a day when LeadingAge called on its members to engage in advocacy activities. As part of our efforts, President & CEO Rob Liebreich wrote an op-ed titled "[The Choice Before Us.](#)" In it, Rob encourages citizens and policymakers to pursue a coordinated effort to support the health and wellness of older adults during the pandemic.

If you would like to join this advocacy effort, [click here](#) to access information and resources on the challenges faced by older adults and senior living providers and solutions to pursue.

A Little Humor Goes a Long Way

Protocols are important. Remembering them can be more fun when we approach them with some humor. Thanks to some clever GHA staff members, next time you wash your hands maybe you'll be singing (and dancing) to [this fun parody of a classic Beatles song.](#)

John, Paul, George and Ringo aren't the only ones who inspire us. Every day, staff and residents enjoy good times together on our campuses. [Follow us on Facebook](#) to see the latest happenings at Goodwin House!