# Goodwin House Public Statement | May 1, 2020

#### **Update | Goodwin House Infection Precaution Efforts**

Below, please read a letter that we distributed via email to families and friends of Goodwin House Residents on the evening of Friday, May 1, 2020.

Happy May Day! The days, weeks and months seem to blur together lately. And while time flies, we are glad to arrive at a month that usually brings us nicer weather, longer days and bright flowers--all things we deserve after enduring those April showers.

We are pleased to report that there have been no new resident cases this week. We are also delighted to report that two of our GHA staff members who had tested positive for COVID-19 have fully recovered. You'll find the current stats for Goodwin House cases in this week's Resident Update.

With this week's update, residents received a Q&A with Goodwin House Hospice Medical Director Dr. Maggie Gloria. This Q&A addresses the COVID-19 peak in our region, advises on precautions against exposure and suggests options of self-treatment for a mild case. Residents also received an Emotional Support Guide that lists the many types of supports available to residents as well as whom to contact if they need support.

### Sharing the Love - Deliveries on Special Occasions

Some of you have asked us about sending flowers for Mother's Day. We know how important it is to express our love and appreciation on special occasions. Please know that you are still welcome to send deliveries or drop off items for your loved ones. We will continue to wipe down the boxes and deliver them to residents.

Whether you're delivering the items yourself or scheduling deliveries, these are the best times for us to receive them: 10:00 a.m. to 1:00 p.m. and 3:30 p.m. to 4:30 p.m. (weekdays preferred). If you are delivering the items yourself, call the reception desk (703.578.1000) when you arrive so that a staff member can meet you outside to retrieve the package.

## **Celebrating Our Staff Heroes**

National Superhero Day was Tuesday, April 28. To celebrate our own heroes, we placed posters around both campuses. You can see what they look like at <u>our Facebook page</u>. They are part of our ongoing efforts to recognize the heroic efforts that our staff members make every day. In the weeks ahead, we plan to do even more to celebrate and honor our staff heroes.



### Nurses Week Is May 6 to 12

Every year, we celebrate National Nurses Week from May 6 to 12. This year, we're asking you to help. Please send us thank-you notes that we can share with our nursing staff, which includes our care partners. You can send personal messages or general words of thanks to the entire Goodwin House nursing staff.

Many of you have replied to previous emails and expressed gratitude to us. We are grateful to you for taking the time to write. We always make sure anyone mentioned in your messages receives your notes, and we've been sharing notes with the entire staff in our weekly Employee Updates. Thank you for sending so many uplifting, supportive words.

### Watch Our Dining Services Team at Work

Wonder what it's like behind the scenes at Goodwin House? One of the residents at GHBC created this wonderful video featuring the dining staff. Serving hundreds of meals each day to residents, these staff are working under entirely different circumstances due to our infection precaution protocols. What used to be dining rooms are now staging areas where staff assemble meals for delivery. This video shows how staff continue to create delicious meals and deliver them with a smile, right to your loved one's door.

### **Best Wishes for a Happy May**

As we begin another month under stay-at-home orders, know that the Goodwin House community is here to support you and your loved ones during this difficult time. We thank you for the support you offer to us in return. Together, we will make it through.

